

# 12 Energetic Centers for the “Being in Your Core” Meditation

**Chakra 7**

Guidance

**Chakra 6**

Genius

**Chakra 5**

Creativity

**Chakra 4**

Love

**Chakra 3**

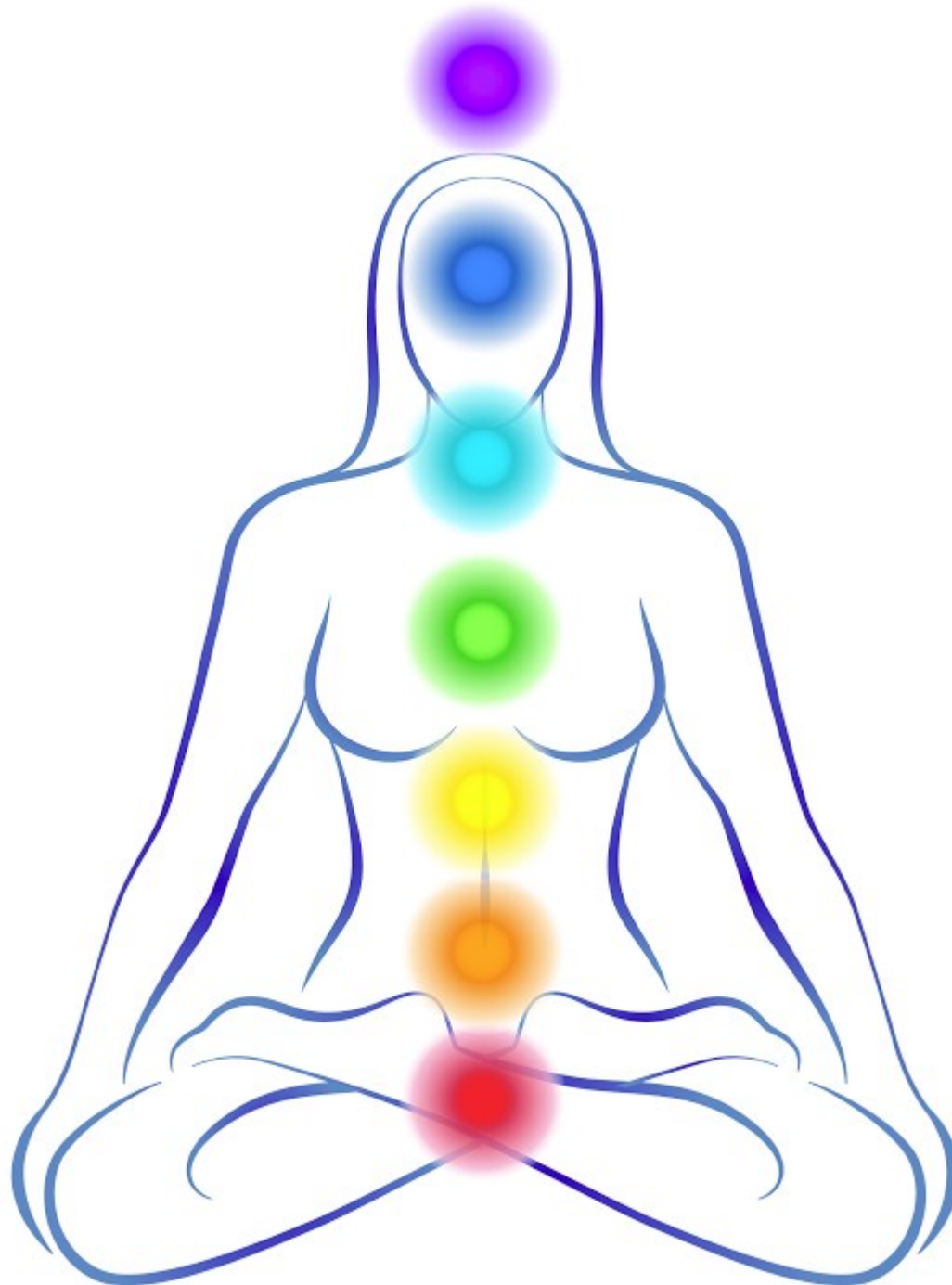
Magnificence

**Chakra 2**

Abundance

**Chakra 1**

Fearlessness



Inner Life Point

Brilliance

AHA Point

Passion

Spiritual Life Purpose

Mission

Soul Point

Awakening

Physical Life Purpose

Invincibility

The 12 Gateways were developed by Rhys Thomas ([www.RhysMethod.com](http://www.RhysMethod.com)).